

## The Children's Healthy Living (CHL) Multilevel Multicomponent Program in the US Affiliated Pacific Region

*Tuesday, November 8, 2016 ~ 12:00pm PT*

This webinar will describe the CHL program components, explain CHL strategies for effectiveness and sustainability, and identify key outcomes of CHL. CHL is a partnership among US affiliated Pacific Jurisdictions that leverage the land grant infrastructure and history of collaboration to build a multilevel multicomponent intervention program; a multidisciplinary cross jurisdiction training program on child health; and an ongoing data monitoring system for child health. The CHL approach emphasized building on local initiatives while maintaining a shared template of work, resulting in the CHL coalition. The CHL program is yielding results in increasing workforce with health, improving healthy behaviors and decreasing risk for obesity and diabetes among children in the region.

### Learning Objectives:

- 1) To describe the CHL program conceptual framework and components
- 2) To explain CHL categories for effectiveness and sustainability
- 3) To identify key outcomes of CHL



Rachel Novotny is Professor of Nutrition and Interim Dean of the College of Tropical Agriculture and Human Resources at the University of Hawaii at Manoa. Dr. Novotny trained in maternal child health, nutrition, epidemiology, anthropology and environmental biology. She has published more than 135 scientific papers related to maternal, infant and child nutrition and health in remote regions and among culturally diverse populations. She is Principal Investigator of the Children's Healthy Living Program for Remote Underserved Minority Populations of the Pacific, or CHL, a 25 million dollar community-based multi-level intervention, training and outreach program throughout the US Affiliated Pacific region including Marshall Islands, Palau, Federated States of Micronesia, American Samoa, Commonwealth of the Northern Mariana Islands, Guam, Hawaii and Alaska.



THE UNIVERSITY OF ARIZONA  
College of Nursing

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[\(to be added\)](#)